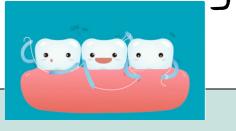
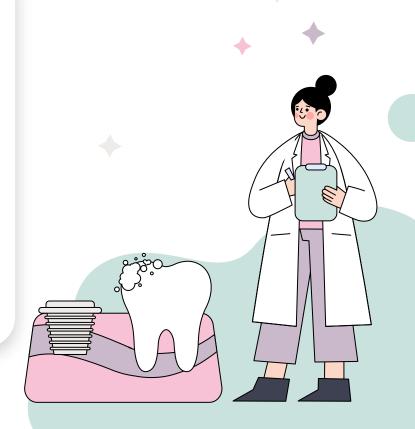
# Floss your Teeth

.... Minimize Ginqivitis







Flossing help to remove food and plaque stuck under the gum.

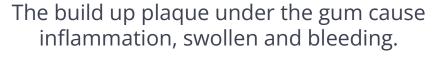


Brushing is not enough for your teeth



## What does happen with no flossing?

Caries between teeth









## Is gingivitis a serious disease?

### **Stages Of Gum Disease**

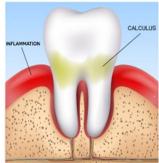
HEALTHY GUMS & TOOTH GINGIVITIS

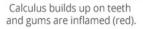
3

**PERIODONTITIS** 









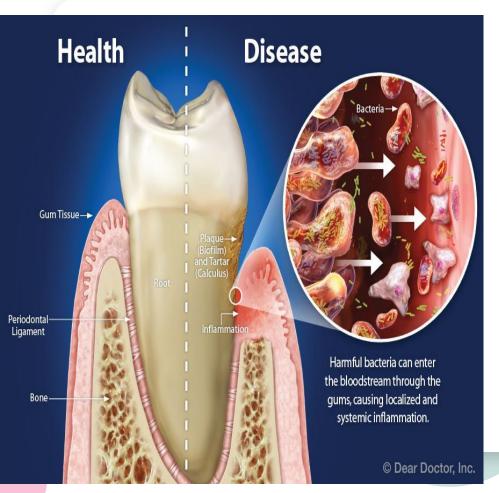


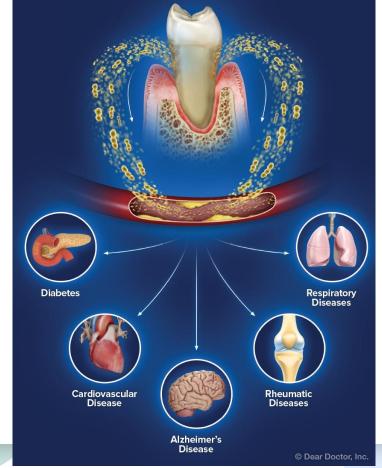
Inflammation causes gums to separate from tooth, forming pockets. Early to moderate bone loss.



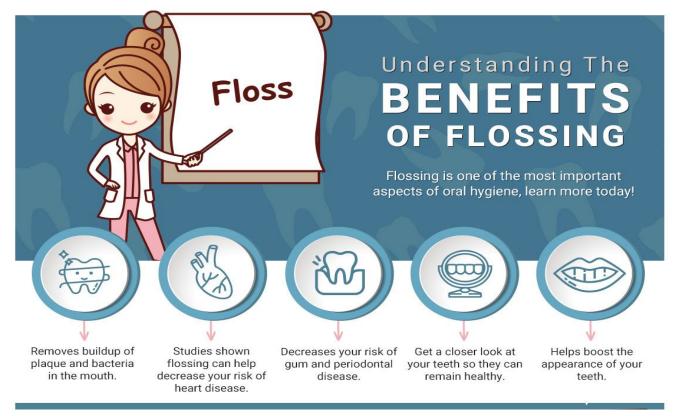
Severe bone loss, deep pockets. Tooth is in danger of falling out.

#### The effect of oral health to the systemic diseases

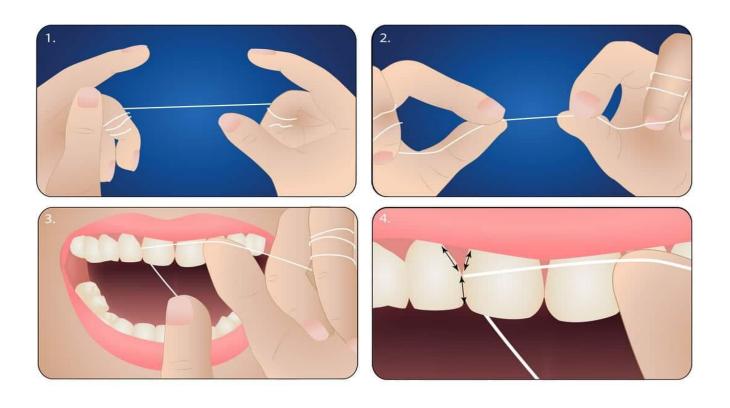




### What are benefits of flossing?



### **How to Floss**



# How many type of floss?





### References:

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*Gum disease information*. American Academy of Periodontology. (2020a, February 8). <a href="https://www.perio.org/for-patients/gum-disease-information/">https://www.perio.org/for-patients/gum-disease-information/</a>

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